Take a look at our Artist Spotlight: Danielle Odeen on page 20. Photo, Giants Causeway Floor by Danielle Odeen

03
3D Printing Club
BRIANNA HOLTMEIERT

07
What Defines Significance?
ANTONE WILSON

12
The Sword: Seniors Art & Design
DANIELLE GATES

14
Year Review: 2017–2018 CSP Athletics
Ali Colburn

19
Dance Spotlight:
COLE SCHUSSLER

24
Finals Schedule!
HD DOWNS
Thank you and congratulations!

The world spins fast; doesn’t it seem? Lately, it seems you couldn’t keep up with the news even if you tried. But here you are, trying. So I would like to thank you for putting in the effort, for opening this paper without knowing what you would find and searching for knowledge, perspectives, and opinions which you may not even agree with. The world needs more as brave as you.

You are important. You are the fuel of a harmonious future and cohesive communities where you will give your time to listen to someone different and they will feel valued and you will be broadened, and so you both will change for the better. All the while, the world will keep spinning.

It is impossible not to apply new insight in one way or another. Our brains are much more agile than our bodies, seamlessly blending one understanding with the next. And so in many ways, we are open books while simultaneously, we are the authors. Where the ink of someone else, even from across the globe, drips onto our pages, we draw an illustration or an arrow with an explanation. Even better, when the story of someone else is shared and you willingly give it your attention, whether its read or listened to, you write it down in your own book by the will of your own words.

Thank you for reading, for seeking out the stories of others to be included in your own.

Brooke Steigauf,  
Editor-in-Chief
Club Spotlight: 3D Printing Club

BRIANNA HOLMEIERT

In the age of booming technological advancements, it is no surprise that 3D printing has made its way to Concordia St. Paul's campus. 3D printing has given the power of design into the hands of consumers who have a brilliant, useful, or random idea for something that they either cannot buy in the store or simply want to create their own. What may come as a surprise is that although a 3D printer has been on campus for two years, a club designed to utilize this technology only came into existence this past semester. Now, students and faculty have been using this machine to print their unique designs. Colton Baumler, president of the 3D Printing Club, first came in contact with the 3D printer in the math department of CSP and used it in his group's science research project. The fact that this amazing technology was here, available for faculty and student use, but was experiencing little usage inspired the idea for the club. Now, CSP has two 3D printers, both available for students and faculty to design and print their own masterpieces.

According to Baumler, the main difficulty of 3D printing is determining if "great ideas can transition into the real world." Designing an object may seem daunting, but the program used, Tinkercad, is very accessible, and other club members are available for insights and help. Baumler also said, "The more I use Tinkercad, the more robust it seems to be." As with anything, practice makes better. If you are not the patient type, there are also thousands of free online templates from websites like Thingiverse for common prints that can be translated into the Tinkercad program. As with anything of value, it takes an investment of time and effort to make it work. Baumler says, "3D printing is interesting, but it is also a lot of work, so there is a trade-off."

There is also a huge variety of different filaments and colors used in 3D printing. The most common kinds of materials are plastics, but certain filaments contain wood pulp or metal to make the finished product look carved from wood or melded from metal. The different types of filaments are very affordable and printing an original masterpiece usually costs about one dollar. Baumler's goal for the club is to "have a time where people can sit down, discuss their ideas, and troubleshoot with others who have similar interests." Current projects of club members include designing a geometric shape that relates the progression of musical chords, cryptography ciphers (similar to "cereal box spyware," according to Baumler), keychains, little trophies, and a Koch snowflake from many fractals. Some projects are school-related, while others are just for fun!

Currently, several faculty and students involved in computer science, art, and science attend the meetings. All are welcome to come on Thursdays at 3:30pm in the Arndt Science building room 207. If the idea of watching your own customized knickknacks and useful tools grow before your eyes piques your interest, get involved and watch your imagination come to life!

How E-commerce Impacts Brick & Mortar Stores

ANTONE WILSON

Every year during the holiday season, we have grown accustomed to shopping at our favorite stores on the pursuit of the newest cutting-edge products, an opportunity to get a glimpse of fashion trends being showcased or simply the joy shopping experiences can bring while being with friends and family. Although shopping at our local brick and mortar stores has become a staple in our society, what can often be neglected is the immense amount of time shopping demands. Whether it be finding parking, the uncertainty of whether the product you are seeking is in stock, as well as the extended time spent in long lines, it is indisputable that committing to shopping can occupy a substantial part of your day. However, in most instances, there is no guarantee that you will get a return on the time invested in shopping as a consumer.

Insert online shopping, also known as E-commerce, which is the process of purchasing available goods and services over the internet using secure connections and electronic payment services. As the internet gained popularity in the 1990's, more and more households obtained internet access, which resulted in many companies in the U.S. and Western Europe using the World Wide Web to represent their services. Amazon and eBay were among the first internet-based companies that allowed electronic transactions, and they laid down the foundation of tech-driven innovative business tactics that would soon be replicated around the world.

The advantages E-commerce presents are displayed through the accessibility and simplicity provided to customers. Business web pages often have a large database that consists of all their products and services that consumers can search through. This allows them to see the actual price of items while building an order over several days and save it as a wish list until they pay for their selected goods. Whether it be online or through cell phone apps, consumers can even compare prices and buy the selected product at the best prices. Not only is shopping online convenient, it's efficient, it can be done at home or at work and roughly 50 percent of all purchases are delivered free to the U.S. and returning an item is often free as well. The convenience of E-commerce provides in conjunction with lower operational costs and the improved quality of service businesses can provide are vital components of why e-commerce has risen to prominence in the last decade.

With the tremendous benefits e-commerce provides for consumers and from an operational standpoint, this leaves many to wonder what the future holds for brick and mortar stores! According to CNN, in 2017, a record 7,000 stores closed, and there were 662 bankruptcy filings in the retail sector. These numbers may cause some concern for those who love the shopping experience but these events are a reflection of evolution as opposed to a collapse. While high profile chains such as Sears, J. C. Penney, and Macy's have closed down some anchor locations, the occupancy of malls in America is currently at 93 percent and is not projected to recede in the near future. Consumers are in fact still shopping at brick and mortar stores as 90 percent of all retail sales in the U.S. still takes place in physical stores. Shopping on-location yields immediate gratification as consumers can take items home that day. They also have access to feel and try out an item before making a purchase.

Both modes of shopping present positive and negative elements. While no method is superior to one another, it will be intriguing to see the approach many companies take in distributing goods and services to customers in the future. With that being said, perhaps the greatest solution is for companies to balance out their presence in both settings. If both strategies appear to be compatible and coincide with meeting the bottom line, the consumer may garner the greatest benefits with various sources of access; therefore, everyone wins!
Omnibus Spending Plan

JORDAN PEISER

Any might not be aware that the Republican and Democratic parties recently passed a 2,232-page "Omnibus" spending bill. Most people are probably not aware because it was crafted in secret and only recently released in the public. This bill delivered on very little of what the Republican party wanted and on only some of what the Democrats wanted.

What exactly is this bill? According to representative Dave Bratt, this bill is "placing a tremendous financial burden on our children. How big? A total of $21 trillion. Yes, you are reading that number correctly. According to the same article, this bill will "increase spending by over $400 billion over the next two years."

What is this bill supposed to cover? One of the things this bill will be funding is a project called the "Gate Way Tunnel" which, according to Fox News, will connect New York and New Jersey. Why is that part of the spending? This part of the bill was put in place because, Senate Minority Leader, Chuck Schumer requested it for his support of the bill. It also includes increased funding for urban and rural housing development.

On top of all of that, according to the National Review, this bill also includes a "thirteen percent increase in discretionary spending." For those who do not know, discretionary spending is the part of the budget that the government can use for "non-essentials." These "non-essentials" are whatever the government believes needs the extra money. The extra money could be used for education, the military, national parks services, or transportation, etc.

The burden of all the extra spending is being passed to the American taxpayers. According to the National Review, the bill is primarily in favor of policies and spending that the Democrats were asking for. According to the Washington Post, "Democrats locked down more spending for a variety of social programs, including Planned Parenthood, opioid addiction treatment, and election security." However, the Democrats were still not able to fit a resolution for DACA nor did they get their resolution for America's health care.

It should be noted that this monster of a bill demonstrates the complexities of bi-partisan deals. The Republicans wanted defense spending, and the Democrats wanted increased spending for Planned Parenthood. In the end, no one leaves happy, and Americans are left with a confusing, messy bill and increased taxes.†

Deadly Frat Pledge

ZACK MOELLER

Pennsylvania Magisterial District Judge, Allen Sinclair, dismissed involuntary manslaughter charges against five members of a now disbanded Penn State Fraternity, Beta Theta Pi, for their involvement in the death of a frat pledge. The pledge died from injuries sustained from a fall after a pledge event in February of 2017. This is the second time that Judge Sinclair has not allowed more serious charges to be brought to trial; he dismissed the same charge as well as charges of felony aggravated assault.

The victim of the incident, Timothy Piazza, was a sophomore at Penn State and was a pledge to join Beta Theta Pi. At a pledge event on February 2nd, 2017, Piazza fell down a flight of basement steps after going through a pledge event called "the gauntlet," in which Piazza was forced to consume at least 18 drinks in under an hour and a half. First responders were not called until almost twelve hours after the fall, causing Piazza to die from injuries sustained, which included a fractured skull and shattered pancreas two days later February 4th.

The death of Piazza, as well as three other frat related hazings deaths across the country in 2017, shed light on a problem that has been ignored for far too long. After the tragedies, changes were made at the affected schools as well as some other large universities, including university bans on Greek life and fraternities related to hazing, sexual misconduct, and alcohol abuse issues. These shutdowns, which have been imposed by administrators and students, are indicators that administrators who are fearful of backlash are finally taking steps to solve the problem, while students are now understanding the dangers involved in fraternities and hazing.

In the Piazza case, some small charges including conspiracy to commit hazing and unlawful acts relative to minors were held. Another preliminary hearing for eleven other former members of Beta Theta Pi is scheduled for May. All ex-members have denied all charges brought against them. Pennsylvania Attorney General, Josh Shapiro, said, "My office is committed to seeking justice for Timothy Piazza, his family, and holding those responsible individuals accountable for their actions."†

Miami Bridge Collapse

JORDAN PEISER

On Thursday, March 15th at 3:30 p.m., a pedestrian bridge collapsed west of downtown Miami near the Florida International University Campus. As reported by CNN, the Miami-Dade County police director released a statement saying, "This ends with a tragedy of six." Among those who died were Aleka Duran, a recent graduate of Archbishop McCarthy High School in Southwest Ranches and Brandon Brownfield, who was a crane operator for Maximum Crane.

A man who had been working at the construction site at the time, Navarro Brown, had been rushed to the hospital where he died. According to the same article, the bridge was "meant to connect the campus of Florida International University with a neighborhood that is home to 4,000 of its students."

The most shocking part of this tragedy was that this bridge was brand-new and had not yet experience wear and tear. The accident occurred five days after "the university had celebrated the unveiling of the walkway," according to NBC News.

Along with the six casualties, there were also nine people found injured and brought to the hospital, and eight cars were also found at the scene, according to NBC News. As a result of this accident, further construction has been delayed as the National Transportation Safety Board investigates what lead to the bridge collapse.

The investigation will seek to "pinpoint where was the mistake and the failure that led to this catastrophic event, that is something that the community needs, the families need, the country needs to make sure it never happens again," Florida Republican Sen. Marco Rubio told reporters.†

Vaping Epidemic in America's Youth

BRIANNA HOLMEIER

Cigarette smoking is surely on the decline, but creeping in to take its place is vaping. Vaping is the use of battery-powered e-cigarettes that use liquid containing chemicals to vaporize when the user inhales. Since there are fun flavors and not any smoke or tar to these, e-cigarettes have become extremely popular in the adolescent population. However, vaping has severe implications for our youth enchanted with this dangerous fad.

According to CNN, from 2011–2015, there was a 900 percent increase in vaping by high schoolers. The 2016 National Youth Tobacco Survey found that 1.7 million high schoolers and 500,000 middle schoolers had used e-cigs in the past month. This is especially concerning because in order to purchase the e-cigarettes, one must be eighteen years of age, which quite a few years away for middle schoolers. The Center for Disease Control and Prevention (CDC) found that one of the reasons contributing to the high levels of vaping in youth is that their friends were using it.

Researchers have found that the main reason for this steep jump in numbers of vaping teens and teens is due to the fun flavors. E-cigarette companies are marketing towards the adolescents by advertising Gunmi Bear, Mango Tango, Tutti Frutti, and Unicorns Milk e-cigg liquid flavors. As harmless as those names sound, e-cigarette liquid actually contains not-so-fun ingredients such as formaldehyde, acetaldehyde, nickel, chromium, benzene, and manganese. Formaldehyde is used to preserve cadavers and manganese hurts the nervous system. Meanwhile, nickel, benzene, and chromium cause cancer.

Another main reason kids begin vaping is because they are supposed to be less harmful than regular cigarettes. However, nicotine is present in many e-liquids, which causes addiction and is especially detrimental for brain development in adolescents. While the levels of metals and nicotine in the e-liquid vary, the bottom line is that the vapor produced is pollution. Everyone knows that inhaling pollution is bad for you, so why inhale more pollutants on purpose?

The Food and Drug Administration (FDA) is now cracking down on e-cigarette regulations. The FDA is currently searching to find lower-risk cigarettes and research the long-term health effects of the chemicals
Close-Minded Readers Won't Believe This: A Liberal Solicits the Importance of Free Speech

KELLY PIERCE

Most people don’t know how to think, and that isn’t a crude or sweeping statement. To think, you must be able to delineate an argument between two opposing viewpoints entirely in your head. Only the most intelligent and extensively trained can truly do this (don’t get it twisted—I’m not one of them). That’s why free speech is so critical to our liberty: the vast majority of us think by talking.

Most people don’t even know what they think until they speak. Their words will shock them because they’re revealing their true nature to themselves. This is because, to paraphrase the famous psychoanalyst Carl Jung, people don’t think so much as thoughts appear in their head, and they believe them. Thoughts are often irrational. We don’t control what pops into our head. Thought is manifested as a function of all external stimuli, our experience, interpersonal relationships, and temperament.

How many times have you tried to do a new thing and been perfectly adept right away? I’ll wager the answer is zero. We must fail to learn how to do something correctly. Jung said that the fool is the mythological precursor to the hero. Think of a child being told not to touch a hot stove. The child, in his foolishness, touches the stove. But since his intention to touch the stove manifested in reality by touching the stove, he learned that it was hot, and that he shouldn’t touch it. One day, in parenthood, he’ll tell his children not to touch the stove, thus ascending the role of the fool and assuming the role of the hero.

But what if the child was never granted the opportunity to express his faulty viewpoint? What if someone kept him from touching the stove all of his life? What if he grows up, enamored by stoves, isolated. This pressure is a good thing. When we make our ideas public, we open them to criticism. And when they’re out of line, the world smacks you in the face to remind you, then you adjust accordingly.

But when we banish...
Betsy May not be fully aware
we aren't vanquishing
underground makes
into something far more
I'm referencing.
Powerful and putrid than
org to see firsthand what
tial to the success of the
are so scared of criticism
we often opt to withhold
ourselves with people that
thought of our universi­
that would kill us or the
people around us. The
ties censoring such crucial
and if you care about the
should bother you too. t
The gun control issue
more unintended prob­
band-aid solutions, ulti­
mately perpetuating the
country to apply patches.
this. The average American has no
need for an assault rifle or
other high-powered weapons.
the gun control issue
sinking boat, and our nation
to protect this country.
This has been the case for
many years. The average
American has no need for
an assault rifle or
other high-powered

Betsy DeVos Represents the Worst of American Politics
KELLY PIERCE

Betsy DeVos, elitist billionaire shuckup, is one of
he least popular members of Trump's cabinet,
and for good reason. DeVos is a prime example
of everything that's wrong with our political system.
She bought her way into politics.
In 2016, at the Senate confirmation hearing, she
stumbled around basic questions and struggled to give
straightforward answers. She was asked, straight-up,
"How much money has your family donated to the
Republican party in recent years?"
Her response: "I wish I could give you that number.
I don't know." It was then pointed out that the figure
is around $200 million. She defended herself by saying
she had worked "very hard" on behalf of students to be
able to make open choices about their education. So
it stands to reason that she'll support free tuition
at public universities since
many kids have no choice at all,
but when prompted, she
denounces this notion.
DeVos would be influen­
tial regardless of any efforts
on her part. The billionaire
heirness is not an educator,
not does she have experience
in public office. She's never
worked for a public school
or even attended one. She's
not even a special interest researcher. Rather, she has
lots of money and knows the right people.
Betsy DeVos is the epitome of privilege. All her
life, she's been able to pretend that good people and
hard work provided opportunities for their children,
and that if a child fails, it's due to the inferiority of
their parents. She remains willfully ignorant, even as
secretary of education. You'd think that someone in
her position would have an in-depth knowledge of
public school systems, and what does or doesn't work.
But DeVos has no relevant credentials for her posi­
tion. She's a lobbyist. She's used her immense wealth
to influence decisions for the last thirty-odd years.
The 'work' that she's done in Michigan serves as a testament
to her inadequacy.
The DeVos family has helped private interests
commandeer public funds that were intended to fulfill
the states mandate to provide compulsory educa­
tion. They started the Great Lakes Education Project
(GLEP), whose political committee does aggressive
lobbying on behalf of charter schools -- pretty much
the opposite of compulsory education.
The DeVoses have donated over $2 million to GLEP,
which has been used to buy policy outcomes that have
boosted Michigan's charter industry while protect­
ing it from accountability. In the summer of 2016, The
Wicked Witch of Michigan donated over $1.5 million
to Republican lawmakers after the GOP-led legisla­
ture detailed a bipartisan provision to provide more
oversight for charter schools.
And here's the best part: the majority of these Michi­
gen charter schools are post­
ting test scores well below the state average, although
Betsy may not be fully aware of the consequences of her
family's funding.
In an interview for '60 Minutes,' DeVos feebly
admits, "I have not inten­
tionally visited schools that are under performing." Of
course she hasn't. Otherwise, she'd have to face the
truth: her "free market" education reform ideals are
destructive, and for every kid that goes to a better
school because of it, two are stuck in underfunded
and under performing districts.
The only thing that DeVos understands is power.
She has the relationships and the pockets to
create change, but none of the knowledge or compas­sion
or the knowledge or compas­sion
or to make the world a better place. Instead, she will
continue lobbying on behalf of her family's interests
and finances, leaving the underprivileged youth of our
nation to pull themselves up by their bootstraps. What
a cruel philosophy to endorse when your policy effects
have no bootstraps to pull themselves up by."

Parkland, the NRA, and Preventative Measures: When Will It All End?
KELLY PIERCE

The tragic events that took place at Marjory Stoneman Douglas High have birthed a
troubling movement that has left the NRA and the politicians on their payshock in
their boots. The brave Parkland students who have spearheaded the national conversation
know the consequences of gun culture firsthand.
Recently, the students were given clear backpacks as a preventative measure. This, along with
other band-aids applied to the issue of gun control, obviously miss the point.
Clear backpacks, metal detectors, fenced in schoolyards, and armed teachers cause significant
psychological distress that causes far more problems than we had to begin with.
First of all, clear backpacks are an invasion of privacy. The notion that no students should have
any privacy in what they carry with them under the guise of public safety is completely ridicu­
Hence, for the other side, it might be easy to say, "well, if you have nothing to hide, it shouldn't be
a problem." How about tampons and menstrual products? Should we ensure that menstrua­tion
is even more humiliating for young women than our culture already demands it to be?
If a student is hell­bent on shooting up a school, clear backpacks won't stop them. Come
on, NRA lackeys: that's your favorite pro-gun argument. For a shooter, the clear backpack obsta­
cle is easily avoided by wrapping up your gun in a t-shirt. Given the widespread distress and
insecurity those backpacks can cause, their implementation could only be justified by having
a significant effect on preventing violence. But they won't.
And then we have the ever more absurd idea that arming teachers will prevent gun violence.
Does this idea even need to be critiqued? Imagine your 4th grade English teacher toting a Glock.
What a ridiculous picture.
We already expect so much of teachers - are we going to add weap­
ons training to their list of prerequisite qualifications?
Not to mention, this would pose a significant threat to a sound learn­ing
environment. The mere presence of a gun increases aggression in
individuals due to the concept called the weap­
on effect. This happens because the presence of a weapon makes people feel
uneasy and threatened, prompting the activation of their flight or fight
mechanism.
Amidst heavy debate about dress codes and promiscuous fashion posing a threat to learn­ing,
we need to explore how disruptive weapons could be in the class­
room. The problem is that second amendment fanatics don't care about
learning environments - they care about having access to guns.
When will our country put stop band-aids on this issue? The more we try to change policy
to make schools safer in the presence of guns, the more unintended prob­lems will arise. These
new problems will inevitably lead to more band­aid solutions, ulti­
perpetuating the national disturbance caused by guns. The time
for change is now. The average American has no need for an assault rifle or
other high-powered weapons.

The South Newspaper
What Defines Significance?

ANTONE WILSON

Significance can be defined as the quality of being worthy of attention or importance. What that definition fails to identify is to whom someone or something is considered of great magnitude. One can very easily confuse significance for accolades, high priced items, or a great deal of notoriety; what we fail to realize when dealing with comparisons is that we are relying on the values and opinions of another human being to justify something that is significant to oneself. In a society that can be portrayed as a rat race, we become increasingly susceptible to social comparisons, our various social media platforms.

With the pinnacle being placed at heights, which are obtained primarily by athletes, entertainers, and executives of corporate conglomerates, it becomes increasingly difficult for the average student or any middle-class citizen to feel relevant. A great deal of wealth does not guarantee happiness, and Instagram does not provide a well-rounded picture of people’s lives. Swarthmore professor and author of the book The Paradox Choice: Why More is Less has expressed how paying attention to others is the origin of our unhappiness. “If one only wished to be happy, this could be easily accomplished; but we wish to be happier than other people, and this is always difficult, for we believe others to be happier than they are.”

The fear of missing out also known as (FOMO) is the phenomenon that is defined as the uneasiness or sometimes all-consuming feeling that you’re missing out, whether it be what your peers are doing, or that they may be in possession of something better than you. This will often coincide with low levels of satisfaction. Studies have shown that FOMO drives people to check social media right after they wake up, before they go to bed, and even during their meals. While one could subconsciously assume that social media will remove the fear of missing out from their mind, the allure of this social comparison becomes even stronger. This will often coincide with high levels of satisfaction.

The tendency to justify the condition of their life. Self-actualization is the realization or fulfillment of one’s talents and potentialities. Before one can have a thorough understanding of what they value, they must understand who they are and what they stand for. When that foundation is established, the demand for others to define our significance diminishes.

As you become enlightened to the fact that only you can define the value of everything that makes up your reality, you begin to appreciate yourself more. Then, that energy that consumes you will become contagious; you and others will feel more resilient and will want to return to their winning ways in a doubleheader on March 28th against Wayne State. CSP

Female Athlete of the Month: Sheala Osborne

ZACK MOELLER

The Concordia-St. Paul Female Athlete of the Month for April is Sheala Osborne, a midfielder for the women’s lacrosse team. Osborne has been a team leader for the Golden Bears all season long and had a very productive month including several game-altering plays in a few of the team’s contests. Being a midfielder, Osborne has an impact on both sides of the field but has primarily made her presence known on the defensive side of the ball. Osborne leads the team in caused turnovers and attests this to hard work and perseverance behind the scenes at practice. "In practice, we go through the ‘channel drill’ on a regular basis. This drill specifically works on doubling the ball and creating caused turnovers in the middle field, which is where most of my caused turnovers occur. I also really enjoy getting the back-stick check, so in games, I am always looking to create a turnover using that skill,” said Osborne.

Although the team is only in its second year, with last year being the inaugural season, Osborne has established herself as a leader on and off the field. Being a junior, she is one of the few upperclassmen and players who have been here both years. “Being one of only two upperclassmen has been a great experience for me. Being the oldest on the team, I feel as though I have a big responsibility to be an example for my teammates, whether that is on or off the field,” said Osborne. “As far as showing my leadership within my team, I try my best to give a 100 percent effort, day in and day out, and I always try to be supportive and someone to talk to for my younger teammates.”

One of Osborne’s stand-out performances this season came against Northern Michigan. It was a close battle with the Golden Bears snagging the 18-15 victory. Osborne had three goals and two assists for a total of 5 points. "It felt great to have a large impact in the NMU game because it was our first conference opponent, and everyone was very excited! In the second half, NMU switched their goalie to someone I played high school ball with so I knew where her weak spots were in the net, which helped a lot,” said Osborne.

Head coach of the lacrosse team Mo Gaitan was quick to praise Osborne saying, “Sheala is junior captain and is an outstanding athlete who heightens our team grit and tenacity. Her teammates look up to her because of her constant drive to push herself and others. Sheala is an integral part of our team, as we can always count on her for a big caused turnover or grinding out a goal when we need one! She is an amazing player for our team!” The team is going to have to rely on Osborne’s leadership, determination, and athleticism in order to qualify for the end of the year tournament, which is approaching rapidly.

Softball Looks to End Season Hot

COLE SCHUESSLER

Last season Concordia’s softball team had 16 victories, and finished 13th in the NSIC. This year’s team has shown that it will have a different fate, surpassing the 16-win mark in the month of March. CSP softball opened their conference scheduled March 28th with a doubleheader against Minnesota State Mankato. The Mavericks, ranked 14th in the country, took both games by scores of 9-7 (8 innings) and 10-4. The Golden Bears then traveled to Sioux Falls on March 29th to take on another tough opponent, the Augustana Vikings. Both games in the doubleheader once again did not go in CSP’s favor, as they narrowly were defeated 7-6 in the first game before dropping the latter contest 4-1. This year’s team has proven to be more resilient, and they got back to their winning ways in a doubleheader on March 30th against Wayne State. CSP

brounced the Wildcats 13-0 in the first game, led by three hits, six RBI from catcher Amanda Parsons, and five shutout innings from Samantha Sullivan. They also picked up the second game 7-4, as eight Golden Bears collected hits. Southwest Minne­sota State was the next to face, and the Mustangs took both games scores of 8-2 and 6-5 in an April 5th doubleheader. The Golden Bears were back in action the next day against Minneso­ta-Duluth, picking up the first game of the doubleheader 9-1 behind Alyka Knoche’s 11 strikeouts and two RBI. After the Golden Bears started the second game with a 2-0 lead, the Bulldogs roared back with 11 runs to eventually split the doubleheader with an 11-5 win. St. Cloud State was next on the docket for CSP’s softball squad on April 7th, and the Huskies and Golden

continued on page 7...
Bears battled through a doubleheader to split two close games. CSP picked up the first game 3-2 behind a Parsons homer and a complete game from Knoche. They then dropped the second contest 3-1, ending the game with the bases loaded. Upper Iowa then faced off against Golden Bears on April 11th, and CSP only won the first game and dropped the second. Concordia took the first contest 7-3 with another complete game from Knoche and three hits from Nicole Thompson, which gave her the 200th hit in her career. The Peacocks came back in the second game, clinching the victory in the 8th inning by a score of 4-3. Finally, Golden Bears squared off against Minnesota-Crookston, sweeping the doubleheader on April 13th by scores of 11-3 and 12-4. CSP collected 30 hits on the day, eight by Thompson.

Through 38 games, the Golden Bears have five players in their lineup that hit over .400. This offensive attack has been led by Thompson (.445 batting average) and outfielder Carly Hart (.441 average and NSIC-leading 63 hits). The team has relied on a trio of pitchers for nearly all of their innings from the circle, including Samantha Sullivan, Kali Kaestner, and Knoche. Knoche and Sullivan have each started 15+ games and worked over 60 innings, pitched, while Kaestner has been key out of the bullpen with a 3.23 ERA. The Knoche has also contributed on offense with .316 average and has a shotout in the second game of the day, striking out twelve batters in a 2-0 win.

The Minnesota Timberwolves finished their regular season in a thrilling playoff atmosphere with a game against the Denver Nuggets on Wednesday, April 11th. The high stakes game took overtime to find a victor. The thrilling game was even more nerve-wracking considering the winner would continue their season to the playoffs, and the loser's season would be over.

The Timberwolves ended the game on top and by doing so clinched their first playoff berth in 14 seasons, the longest such drought in the NBA at the time. The Wolves finished the season with a very respectable regular season record of 47-35. It is their best record since the last season they made the playoffs; however, the Wolves just squeaked into the eighth seed in a power-packed Western Conference and will match up against the hard-hitting Houston Rockets in the first round.

The good news for the team is that they are relatively healthy, which is more than many teams can say. All-Star, Jimmy Butler, rejoined the team after missing 17 games to help carry them into the playoffs. In just his third game back he scored 31 points, tallied five rebounds, and five assists in 42 minutes of gameplay to help the Wolves overcome the Nuggets. Other noticeable performance on the night included Karl-Anthony Towns who scored 26 points and 14 rebounds to record his 68th double-double of the season. Towns led the NBA in that category. Wiggins added in 18 points with 5 boards, and Jeff Teague scored 17 while giving out 7 assists. Category leaders for the Timberwolves are Butler for points, averaging 22.2 a game, Towns for rebounds, snagging 12.3
Josh Gaworski, a pitcher for the Golden Bear's baseball team, has had a blistering start to the season, making three starts in March and earning himself three dominant outings. When asked how he can continue these numbers, he responded, "I need to stay locked in and throw strikes and trusting the team as a whole to take care of the rest."

Gaworski's best game so far this year came on March 18th when the Golden Bears battled the University of Minnesota-Crookston. Gaworski pitched a complete game, resulting in a no-hitter, and I learned a lot of things that stay locked in and throw strikes and trusting the team as a whole to take care of the rest."

Gaworski transferred from Century College to this past year. While the experience here may be new, Gaworski is no stranger to success. Last season he went 8-0 as a starter and picked right up where he left off this year: "Century College was a great experience and I learned a lot of things there. However, my ERA at Century was a 3.20. This was due heavily to the amount of walks I gave up during that season. Most of the time, a runner that scored on me usually got on via a walk. When I got to Concordia, I was still struggling with maintaining long streaks of accuracy. The pitching coaches at Concordia have done a great job helping me fix errors in my mechanics, while at the same time not compromising my throwing style."

Accuracy isn't the only thing Gaworski claims the pitching coaches have helped him with. They have also changed the way he likes to pitch: "All my life, my go-to pitch has been a fastball. It has been my most successful pitch. Again, however, the pitching coaches here did get a great job with me and helped me to develop a really nice slider, which has now become my favorite pitch to fool batters with.

When asked if there was a professional pitcher he liked to compare himself to, he responded, "I would probably say Jacob deGrom. We have similar hair, we both have violent deliveries, and we both like to go for strikeouts. He just throws way harder than I do!"
Lacrosse Team Showing They Belong in the GLIAC
COLE SCHUESSLER

In just their second season as a Division II lacrosse program, CSP has already found a conference. With the NSIC not yet having the teams for a lacrosse conference, Concordia joined the Great Lakes Intercollegiate Athletic Conference. The team recently played their first ever game GLIAC conference game in the Sea Foam Stadium on March 27th against Northern Michigan, defeating the Wildcats 23–12. Maddie Hentges and Raelyn Korinek for the Golden Bears, Dragons were victorious by a score of 606 golfers head-to-head while finishing behind just 85 ($77).

Not far behind him in the Lindenwood Invite was freshman Taylor Zack. His 224 (+11) finish was highlighted by the final round where he shot +1, shooting to 16th place tie overall. The strong finish is looking to carry into the final regular season round of the spring, heading into the Lindenwood Greyhounds.

They also shoot a tournament-best fourteen birdies. In his second round score of 90. Junior Sheridan McCoy also added a four-shot improvement. The large improvement was also followed by sophomore Heather Clauussen, who was able to drop off five strokes as well in her second round score of 90. Junior Sheridan McCoy also added a four-shot improvement.

The final tournament before the NSIC tournament, the Augustana Spring Invite, was canceled due to poor weather. The women's golf team will look ahead to the NSIC Championships, scheduled for April 21st–23rd at Dacotah Ridge Golf Course in Morton, Minnesota. The Bears look to finish strong as their updated average of 338.4 ranks them 8th in the conference.

LAX Update. Photo by Justin Oschman Photography

The CSP men's golf team showed off their skills in great play at the Lindenwood Invite in St. Charles, Missouri. The sixteen-team invitation brought a lot of talent and competition to the course, but that did not stop the Bears from capturing their best three-round team score since the 99–100 season. The 913 (+61) cumulative total was the second lowest in program history and finished the team in sixth place, one of the best finishes of the season.

The historic team finish at the Lindenwood Invite was highlighted by the play of sophomore Noah Rasinski. Rasinski finished under -4 with a shot total of 209, beating his own school record in a three-round event by six strokes. His incredible performance launched him to 1st overall of 93 participants, winning the tournament as an individual. He also shot a tournament-best fourteen birdies. In nine events of the year, Rasinski has had five top-10 finishes and three in the top-5. He has now beaten 606 golfers head-to-head while finishing behind just 85 ($77).

Not far behind him in the Lindenwood Invite was freshman Taylor Zack. His 224 (+11) finish was highlighted by the final round where he shot +1, shooting to 16th place tie overall. The strong finish is looking to carry into the final regular season round of the spring, heading into the 2017–2018 NSIC Championships, which is played at Paradise Pointe Golf Course in Smithville, Missouri the weekend of April 13th–15th.

The Golden Bears went on the road for their next four games, starting with a March 29th matchup against the Davenport Panthers. CSP bounced on the Panthers by peppering their goalie with 28 shots, as four Golden Bears contributed multiple goals in a 13–10 victory. Northern Michigan was the Golden Bears’ next foe on April 4th, and they displayed their offensive prowess against the Wildcats. Hentges scored a CSP record nine goals while Alina Boyce netted six of her own as Concordia rolled to a 23–12 victory. An April 6th matchup against McKendree (Ill.) came down to the wire for Concordia, as the Golden Bears lost a 7–3 halftime lead in a game that resulted in an 11–10 win for the Bogeys.

Hentges led the Golden Bears with three goals. Their road trip ended against another tough opponent, the #15 Indiana University Greyhounds. Sheala Osborne, Moynihan, and Hentges each scored two goals, but it wasn’t enough as the Golden Bears fell by a score of 22–6.

Hentges has led the charge for the Golden Bears offensively this season, collecting the most goals (30) and assists (13) through 11 games.

Heinl and Korinek follow close behind with 26 and 23 goals respectively, as Heinl also leads the team in draw controls (32) and is fourth on the team in ground balls with 20. Goalie Katie Lotzfeldt leads the team in ground balls with 38 and has also recorded 73 saves.

The sophomore also was awarded GLIAC defensive player of the week honors in early April, the first Golden Bear to do so. Alternate goalie Claire Hagen has accrued the second most ground balls with 25, and Lexi Stanley is third with 21. Stanley’s defender, is also tied with the team leader in forced turnovers with 12.

With only four games earning a ticket to the GLIAC Championship Tournament at the end of the season, the Golden Bears will have to play well down the stretch to clinch a spot. They have shown the potential to win and compete in the GLIAC in their first season. Improvement through the end of the season and into future years would very likely continue.

Golf Update. Photo by Justin Oschman Photography

The Concordia-St. Paul women’s golf team also had multiple improved individual performances at the Central Region Spring Preview in Springfield, Missouri. Four Golden Bears improved by multiple shots in the second round as the team dropped 13 strokes to finish the tournament. The team’s 705 (+127) stroke finish put them just two strokes behind Northwest Missouri and Southwest Minnesota State, finishing in 16th of 18 teams.

Fresherman Erika Olsen led the bears for the second consecutive day by dropping two shots off of her first round score with a score of 80 in the second round. Her 162 total finish destroyed her season-best tournament score by six shots, placing 34th in the 93 player tournament.

Placing second on the team and not far behind was Sophie Hill, finishing 60th overall. Her second round score of 83 was highlighted by knocking off five strokes from her first round score. The large improvement was achieved by sophomore Heather Clauussen, who was able to drop off five strokes as well in her second round score of 90. Junior Sheridan McCoy also added a four-shot improvement.

The final tournament before the NSIC tournament, the Augustana Spring Invite, was canceled due to poor weather. The women’s golf team will look ahead to the NSIC Championships, scheduled for April 21st–23rd at Dacotah Ridge Golf Course in Morton, Minnesota. The Bears look to finish strong as their updated average of 338.4 ranks them 7th in the conference.
Cold Air Don’t Care: Twins Open Up 2018 Season Swinging Amidst the Cold Weather

TANNER PETERSON

Although the weather might not show it, it is indeed spring, and the Minnesota Twins have kicked off their 2018 season in hopes of returning to the postseason.

The season kicked off against a Baltimore Orioles team that finished last in the American League East division, and getting the ball on Opening Day for our hometown team was newly-acquired pitcher Jake Odorizzi. Odorizzi was phenomenal in his Twins debut as he pitched 6 innings and only allowed two hits and two walks, as well as seven strikeouts.

Although a Twins rally in the 9th inning pushed the game to extra innings, the Orioles walked away winners with a final score of 3–2 in 11 innings. Third-year pitcher Jose Berrios has been another bright spot early on as he pitched a gem of a game during the Twins series. Berrios logged his first career complete game as he only allowed three hits and punched out six batters.

After a series in Baltimore, the Twins flew back to the Minnesota tundra for their home-opener and back-to-back series with the Seattle Mariners and Houston Astros. In a game which the Mariners beat the Twins 11–4, the temperature reached a brisk 31 degrees at first pitch, which qualified as the coldest game in Target Field history.

First baseman and fan favorite Joe Mauer has continued to hit the ball well as he is batting well above the .300 mark. His teammate and jack-of-all-trades infielder, Eduardo Escobar is not far behind him. Escobar will be filling in for shortstop Jorge Polanco, who has been suspended for his use of PED’s. Polanco batted .293 during the second half of last year, and his performance played a key role in the late season playoffs. Second baseman, Brian Dozier has also supplied power out of his bat as he is amongst the league lead in total homruns, and not far behind him is young slugger, Miguel Sano.

As teams continue to jockey for position, the Twins should remain amongst the top of the American League Central and the American League. After a 85 win season, expectations are high after the team reached the Wild Card game last year. A bolstered pitching staff, bullpen, and everyday lineup has the team and fans thinking beyond the playoffs; that maybe, just maybe, this could be their year.

Minnesota Wild Update

ZACK MOELLER

The Minnesota Wild finished their regular season on Saturday, April 6th with a 6–3 victory over the San Jose Sharks. The win capped a regular season in which the Wild posted a 45–26–11 record, good enough for 101 points and the third spot in the Central Division of the Western Conference. The Wild’s season is not over as they have earned themselves a spot in a series against the team that was one spot ahead of them, the Winnipeg Jets. It is the sixth straight season the Wild have made it to the playoffs, with many of those trips ending unfortunately in defeat for the first round. It will not be easy to make it out of the first round this year, as the Jets are the hottest team in the league going into the playoffs with a record of 9 and 1 in their final ten games, winning their final five games.

The Wild will also be without their best defensemen, Ryan Suter, who is out for the season after fracturing his right ankle in a game against the Dallas Stars. However, the Wild this year have been more resilient than in years past. Every time a presumed self-destruction seemed imminent, excellent coaching and quicker recovery from a hamstring injury and will make his return for the playoffs.

To beat the Jets in a series will be a tall task for the Wild. To do so, they will have to steal at least one game from the Jets on the road, which will prove difficult since the Jets have a league-leading 32 wins at home, and Minnesota only won a third of their games on the road against playoff teams.

Through the regular season, Eric Staal and Jason Zucker were a nice 1–2 punch on offense. Staal once again led the team in goals scoring 42 while Zucker added in 33. Mikael Granlund saw a slight decrease in goals this season only having 21 find the back of the net, but did lead the team in assists with 46, Suter was right behind him with 45. Devan Dubnyk was the leading goalie for the team, starting in 60 of the teams 82 games posting a 35–16–7 record while allowing 2.52 goals a game.
Art & Design: Seniors Saying Goodbye to Concordia
CURATED BY DANIELLE GATES

Giants Causeway Floor. Photo by Danielle Odene
Exploring Ireland. Photo by Danielle Odene
Untitled by Nick Schneepfer

Collage 1 by Michaela McCallum
Collage 2 by Michaela McCallum
Collage 3 by Michaela McCallum
Butterbeer Label by Danielle Gates

Ceramic Sharks by Michaela McCallum
Columbia House Vinyl Subscription Box by Dylan Novacek
Photo by Dylan Novacek

Untitled by Chloe Mark
St. Paul Candyland Ad by Chloe Mark
Star Trek: Bones Chapbook by Danielle Gates
Year in Review: 2017-2018 CSP Athletics

COLE SCHUESSLER

With fourteen teams working out, practicing, and playing games on Concordia's campus, Golden Bears athletics are always moving forward. With athletes arriving on campus in August and some with the potential to compete as late June, Golden Bear athletes have a chance to make a wide variety of impacts throughout the seasons.

This year, the Golden Bears have made their mark on the Division II landscape once again, with nearly all the teams on campus showing improvements over previous seasons. This year’s athletes won national awards, broke school records, and even brought a Division II national championship back to CSP.

In the fall season, there were quite a few teams that were active in competing, including men’s and women’s cross country, men’s and women’s golf, football, soccer, and volleyball.

Men’s Cross Country had their best season in recent memory (7th place in the NSIC), including an all-region performer in Caleb Troe. Benjamin Allen also set the school record in the 8k with a time of 25:20.7s in October, as well as being named the NSIC Men’s Cross Country Athlete of the Week and the DII Men’s Cross Country Hero of the Week in September.

The women’s cross country team also had one of their best seasons in program history (10th place in the NSIC), as Kara Lindberg posted some top-notch finishes and fell just .3 seconds off the school record in 6k with a time of 22:58.0s.

CSP women’s golf was led in the fall season by Sophie Hill, who won the Tracy Lane Memorial among 57 competitors in September. Noah Rasinski was named the NSIC Golfer of the Week for the men’s team in October after finishing 4th out of 57 competitors in September. Noah Rasinski was named the NSIC Golfer of the Week for the men’s team in October after finishing 4th out of 57 competitors in September. Noah Rasinski was named the NSIC Golfer of the Week for the men’s team in October after finishing 4th out of 57 competitors in September. Noah Rasinski was named the NSIC Golfer of the Week for the men’s team in October after finishing 4th out of 57 competitors in September.

The men’s track team once again was lead by Troe and Allen, as the team finished second overall. Maddie Hentges set the school record for goals scored in the game with nine against Northern Michigan, and goalkeeper Katie Lottsfeldt won GLIAC Defensive Player of the Week in early April, the first Golden Bears goalie to be named first-team All-American.

In the winter, Golden Bears from the men’s and women’s basketball teams and men’s and women’s track and field teams were also in action. The men’s basketball teams struggled with injuries in a tough NSIC conference, finishing the season 5-26. However, they did beat Division I opponent UW-Milwaukee 69-55 in an exhibition game, showing the team’s potential for upcoming seasons.

Women’s basketball got off to a slow start but hit their stride at the end of the season by winning six games in a row before losing in the NSIC Tournament Semifinals. First team All-NSIC guard Anna Schmitt scored a CSP DII-era record 37 points in a win against SMSU, leading the team with 19.4 points a game for the 13-18 Golden Bears.

The men’s track team once again was lead by Troe and Allen, as the long-distance runners set the school records in both the mile run (Allen - 4:20.34) and 3000m (Troes - 8:48.90).

The women’s side, Concordia history was made in the pentathlon as Kalle Burney was the first Golden Bear to be named first-team All-American while Wajpor Igbewoja was named second-team All-American for the second straight year. This marked the first time in CSP track history that the Golden Bears had scored points in the DI Indoor Championships.

The spring season has also seen more action for the track and field and golf teams, as well as the by softball, baseball and lacrosse squads on campus. Rasinski was at it again for the men’s golf team, winning the Lindenwood Invitational in March, while the Golden Bears shot their second-best three-round score as a team in program history. Meanwhile, in March, Hill finished 3rd in the UIU Spring Invitational, as the team finished second overall.

Even though the cold weather has forced the track teams inside to start the spring season, the Golden Bears have started out hot. Tia Donlan set the new school record in the discus throw clearing 137’2” as the MIAA vs. NSIC Showdown. They then tallied 11 wins at the Mankato Spring Invitational, including an astounding 44 top-10 finishes.

The softball team had one of their best starts in recent memory, as they began the season an impressive 14-6. Through 38 games, outfielder Carlie Hart leads the NSIC with 63 hits while Aryka Knoche is tied for second with 77 strikeouts.

The baseball team also got off to a hot start, winning eleven of their first fourteen games. Gus and Louise Varland have combined for 74 strikeouts in 61 innings, and both sport an ERA under one at the time of this writing. Josh Gawonksi has also contributed to a dynamic pitching staff that three, six straight shutouts early in the season, one of the them being a no-hitter by the junior transfer.

CSP’s lacrosse team is in its first year as a member of the GLIAC conference, and they are showing that they belong. Maddie Heuscht set the school record for goals in the game with nine against Northern Michigan, and goaltender Katie Lottsfeldt won GLIAC Defensive Player of the Week in early April, the first Golden Bear to do so.

Overall, the Golden Bears athletes have shown improvement or encouraging signs from all fourteen teams on campus, with many outstanding individuals performances, teams and athletes setting records, and others making school history. Make sure to come out and support CSP athletics as the 2017-2018 school year winds down!
Elite Curler, Madison Bear Set Eyes On the 2022 Olympics

KELLY PIERCE

Portage, Wisconsin -- Amidst a packed middle school assembly, Debbie McCormick, internationally renowned US curling athlete, inspired the dreams and aspirations of one of Team USA’s next great curlers. McCormick inspired current Concordia student, and successful international athlete, Madison Bear to take up curling at a ‘Learn To Curl’ event.

Madison Bear recently transferred to Concordia from a small school in Wisconsin to enable her to spend more time perfecting her craft. When she’s not traveling the world for competitions, Bear trains year-round in Blaine, Minnesota alongside fellow international competitors.

Madison joins elite company as one of the few prospective Olympic athletes to attend Concordia. Madison has experienced tremendous success in her athletic career, boasting three high school state championships, two gold medals at the National Junior Championships, a silver medal at the World Junior Championships, and a bronze medal at the Women’s National Championship.

Since she first met Debb McCORMick in the 4th grade, Madison fell in love with curling. She’s brushed shoulders with gold medalists like Katie Ledecky, a 14-time world champion swimmer, and Matt Hamilton, the USA’s curler who made national headlines for his striking resemblance to Super Mario.

Curling has played a huge role in shaping Madison’s life. She’s traveled to some amazing places for various international competitions including Vancouver, China, Denmark, and South Korea. Bear says these all-expenses-paid trips have been amazing places for various international competitions including Vancouver, China, Denmark, and South Korea. Bear says these all-expenses-paid trips have been amazing places for various international competitions including Vancouver, China, Denmark, and South Korea.

Curling has played a huge role in shaping Madison’s life. She’s traveled to some amazing places for various international competitions including Vancouver, China, Denmark, and South Korea. Bear says these all-expenses-paid trips have been amazing places for various international competitions including Vancouver, China, Denmark, and South Korea.

Madison trains her mind with imagery, visualization, and self-talk. Coincidentally, “Pursuing your dreams can be a sacrifice so much as an opportunity,” says Bear. Madison is majoring in Sports Psychology here at CSP, largely due to the influence that sport psychology principles have had on her performance. Madison works with Dr. Carly Anderson, founder of Premier Sports Psychology, a firm that services the University of Minnesota Athletic Department, and many other professional teams in the Twin Cities.

Madison trains her mind with imagery, visualization, and self-talk. Coincidentally, “Pursuing your dreams can be a sacrifice so much as an opportunity,” says Bear. Madison is majoring in Sports Psychology here at CSP, largely due to the influence that sport psychology principles have had on her performance. Madison works with Dr. Carly Anderson, founder of Premier Sports Psychology, a firm that services the University of Minnesota Athletic Department, and many other professional teams in the Twin Cities.

Though she’s a great student, Bear intends to follow her dream and pursue a career in curling. Bear says these all-expenses-paid trips have been amazing places for various international competitions including Vancouver, China, Denmark, and South Korea.

“Traveling the world really opens your eyes to how fortunate we are here in America. I’ve been to places where we’ve had to brush our teeth with bottled water, download VPNs to use social media, and lots of other little things that make you realize how lucky we are,” says Bear. Madison is majoring in Sports Psychology here at CSP, largely due to the influence that sport psychology principles have had on her performance. Madison works with Dr. Carly Anderson, founder of Premier Sports Psychology, a firm that services the University of Minnesota Athletic Department, and many other professional teams in the Twin Cities.

Madison is majoring in Sports Psychology here at CSP, largely due to the influence that sport psychology principles have had on her performance. Madison works with Dr. Carly Anderson, founder of Premier Sports Psychology, a firm that services the University of Minnesota Athletic Department, and many other professional teams in the Twin Cities.

The outdoor track and field season has been kind to many Golden Bears as they continue their chase toward the NSIC Outdoor Track and Field Championships held at Winona State University. Early in March, the Golden Bears put on a great showing at the Mavericks Winter Invitational on the campus of Minnesota State University. Although the event was a late add to the schedule, the team came prepared to compete as the men and women combined for 44 top-10 results, as well as 27 inside the top-5. Twelve 1st place finishes highlighted the day.

Freshman, Lujuan Preston put the men’s team on his back as he left the day with three 1st place finishes. Preston earned a 1st place finish in the 200-meter dash with a blazing time of 22.60 seconds and another 1st place finish in the long jump as he cleared 21’1”. The dual sport athlete also was a member of the 4x100 relay team that placed 1st. That team was also composed of freshman Desmond Bassett, sophomore Andrew Leek, and senior Vantwon Melton. Melton was another individual that brought home a victory as he ran the 400-meter dash in 50.59 seconds. There was also another men’s relay squad that stood atop the podium as 4x400 relay winners. Members of that team were freshman Jokob Tordesen, sophomore Will Ray, and seniors Josh Johanson and Adam Hausken.

In the field events, freshman Drew Dockendorf and junior Thomas Hutchinson won two more top spots for CSP. Dockendorf took 1st place in the pole vault with a height of 14’6” and Hutchinson tossed a distance of 46’11.75”.

Sophomore Marshall Jepperson finished the pole vault right behind Dockendorf with a 14-foot vault that placed 2nd place only behind his teammate.

On the women’s side, senior Erika Shady ended her day with two victories. She placed 1st in the 400-meter hurdles with a time of 1:05.17s. Her teammate, freshman Tia Dolan, finished 4th in the shot put with a distance of 38’4”. Her teammate, freshman Tia Dolan, finished 4th in the shot put with a distance of 38’4”.

Freshman Lauren Magnussen placed 4th in the hammer throw with a distance of 122’1”.

As both the men’s and women’s track and field teams begin to prepare for the final stretch, be sure to see how they fare. The NSIC Outdoor Championships will be held in Winona, Minnesota at the campus of Winona State University.
Food Review: Afro Deli

Afro Deli describes themselves as an urban fast-casual restaurant that provides a delicious fusion of African, Mediterranean, and American themed food in a fast, fun, and friendly environment. With menu items ranging from gyros and cheeseburgers to traditional Somali and African dishes, Afro Deli truly lives up to their statement. I decided to visit the Afro Deli restaurant that provides a delicious fusion of African, Mediterranean, and traditional Somali and African dishes, in the West Stadium Village, the St. Paul location, which is next to the Palace Theater. It's kind of set up like a Panera; you order your food from a menu on the wall, and they give you a pager that vibrates when your order is ready. There are two sections of the restaurant, both with a decent amount of seating. I ordered the traditional Mediterranean gyro with a side of fries, and my friend ordered the Afro Steak Dinner, which consists of shredded steak marinated and seasoned with African spices and vegetables served over basmati rice. The food was made to order and took about ten minutes to prepare.

Movie Review: The Death of Stalin

The Death of Stalin is a comedy directed by Armando Iannucci. Iannucci and David Schneider wrote the film together. The film is packed full of comedic talent and gives a hilariously recount of the events following Stalin's death. The major events of the film are true, even if they are on a condensed time line.

This sets up one of the film's first and most prevalent comedic elements. It's time sensitivity occurs almost immediately once Stalin has fallen ill, and his underlings begin jockeying for position. Who's going to take over? Are the secret police about to stage a coup? How many Russian politicians does it take to carry an unconscious Stalin from the study to the bedroom?

This movie plays on the whimsical concept that life is a farce. There are all kinds of hijinks and vignettes. The one that the film opens on is particularly funny; there is an orchestra performing and upon finishing, the men in the booth receive word that Comrade Stalin would like a recording of the performance. From there, things only go downhill: musicians refuse to play, the director is knocked unconscious, and people brought in off the street to fill out the sounds of applause. In the end, they pulled it off, and while listening to it, Stalin has a stroke.

The film has dark undertones and takes a very dark turn at the end. The course of events and the way in which the film represents individuals prompted me to look into what really happened. The events are for the most part true if condensed (as covered previously). There is a scary truth in the idea that while things may not have been as funny, they definitely were chaotic. Knowing that can leave a viewer wondering how anything got resolved in all of the conflict.

This film explores a really interesting aspect to the idea that some things are a lot harder to laugh at. Atrocities were being committed on the people of Russia at this time, and while there are comical aspects to the exaggerated view, it also tries to show what was happening in the clearest ways.

The Death of Stalin is an excellent movie, and I highly recommend it to anyone who is a student of history as well as anyone looking to have a good laugh. It takes a view of what must have been a scary time for a nation and chaotic for the men at the top of the chain, which makes it a film that is absolutely worth seeing.
Book Review: Ready Player One

MATTHEW JUNG

With the movie having just come out, I figured it was a good time to revisit a recent favorite of mine. Ready Player One is an adventure through the pop culture of the 80's. Ernest Cline builds a world from worlds in the OASIS digital multiplex gameplayer where everyone goes to escape their life's. The OASIS is not just another game you sit down for, the world is interactive, and all players are encouraged to get the best tech they can to heighten the experience.

The plot goes like this; there was once a man named James Donovan Halliday, and he created the OASIS. Eventually, he died, however, in a true eccentric fashion he left behind his entire fortune to whoever could find his last Easter egg. The hunt consists of finding the best tech they can to heighten the experience.

This is when we meet Wade Owen Watts, a young man living in the stacked housing units outside of Oklahoma City. Wade is one of many trying to find Halliday's fortune and they aren't many novels aren't many novels

There are numerous references to video games, tabletop role-playing games, movies, tv shows, music, and so much more. There aren't many novels like it and even if you don't know anything about the 80's you'd be bound to walk away with an education.

Writer Spotlight: Mia Morgan Budding CSP Novelist Has a Bright Future

KELLY PIERCE

Mia Morgan is an avid writer and a student here at Concordia. The bulk of Mia's work focuses on realistic fiction, inner turmoil, and psychological concepts related to character development and the struggles that we all face within ourselves everyday. Mia is studying English and creative writing. Ever since she learned how to read, Mia says she's loved stories. "Shortly after learning how to read, I started to write my own stories, and I've always loved it. I haven't looked back since."

Mia focuses mainly on fiction writing. She's particularly fond of crafting realistic fiction. She recently wrote a short story titled, "Mitigating Circumstances," which explores the interrogation of a female perpetrator, who obviously committed the crime.

The story depicts the aftermath of a murder told from two different perspectives: the Lieutenant in charge of the case and the police's only suspect, a young woman. The story explores the legal process of getting to the truth, while also attempting to understand the thought and reasoning behind the action. "They had evidence, and they basically pry her a little more and a little more and they eventually got her to open up about it. It's about understanding the why behind the action," Mia Morgan says.

Christus Chorus Spring Concert Recap

MATTHEW JUNG

Concordia's Christus Chorus went on Tour over Easter break. While those performances may have started in snowy Minnesota, the tour truly began once they landed in Georgia. From there, they performed nine shows across two states. Their performance ran about two hours with an intermission and included 26 pieces of a wide variety: old spirituals, songs from Latin mass, German hymns, and more traditional pieces that most would recognize. I had an opportunity to speak with Dr. Mennicke who was generous to take a few minutes to give me his thought on the tour. "Saved by grace is the theme of the concert, and it really has been a gracious trip for us to go through. On the tour itself, we felt a lot of gracious support throughout. We had a couple of setbacks." The setbacks Dr. Mennicke was referring to were the two choir members that had broken legs. Unfortunately only one of them had been well enough to make the trip. Dr. Mennicke then told me about the message of the tour: "Our message was obviously one of grace, saved by grace in the father, through some older music. Saved by grace in the son, building a narrative or a story of Jesus' life, death, and resurrection for us. And the last section, saved in the spirit, it kind of worked out that it's a lot more folk song and spiritual type settings." Among my favorite songs was "With a Voice of Singing." This was a sharp and energetic piece. Then later in that first act "Alleluia (from Lober dem Herrn, BWV 203)"

The Spoon Newspaper 17

APRIL 2018 VOLUME 55 | ISSUE 7

ARTS & VARIETY
Music Review: The Weeknd Reclaims His Roots With My Dear Melancholy

Courtni Holloway

Abel Makkonen Tesfaye, known by his stage name, The Weeknd, put out his first EP (extended play) album this last March but with very little hype. The Weeknd has been rising to fame over the course of the last seven years, putting out top charted albums such as Beauty Behind the Madness and Starboy. Unlike his previous fun, upbeat selection of hit songs, the tracks on My Dear Melancholy, tell the story of brokenness and desperation after a damaging break-up. Fans buzzed about the album just minutes after its release, claiming that the album in its entirety or at least a few specific songs were targeted at The Weeknd’s most recent ex-girlfriends: Selena Gomez and Bella Hadid.

The album itself consists of six songs, all of which incorporate the sad undertone of an ended relationship. In contrast to his party-starting blockbuster hits, “I Can’t Feel My Face” and “Starboy,” the songs on this album are mysterious, sorrowful, and quite dark. The Weeknd alludes to his past issues with substance abuse in the song “Privilege,” as he takes the blues away. The shadowy tone of the songs closely resembles that of his 2011 mixtape, House of Balloons, making for a very pleasing, nostalgic effect for The Weeknd’s committed fans.

Skyrocketing to iTunes number one spot on Top Charts, the most highly acclaimed song from My Dear Melancholy, thus far, is the very first song on the album, “Call Out My Name.” The album’s opening tune acts as a delicate, yet powerful melody to convey the struggle of going to great heights to repair a relationship that is falling apart. It transmits a mix of sensuality and sentiment to listeners through its meaningful lyrics and electrifying rhythms. This song works to set the tone for the rest of the album, as with each song, the described relationship begins to crumble.

Though, each song has its own unique, moving, and potentially relatable lyrics and message. After “Call Out My Name,” the songs all begin to sound strikingly similar. The songs still retain The Weeknd’s widely known sound instrumentally but contain more downcast beats and muted piano tones to make room for The Weeknd’s voice to project smoothly to listeners. This could be a negative factor in the success of this album overall, as some fans seek the unique, recognizable club beats that The Weeknd has produced in the past. It could also make way for The Weeknd to explore the realm of lyrical power, a skill that he used at the very beginning of his career as a freestyle rapper and songwriter.

Though this album may not produce any radio-worthy hits, its songs are emotionally driven and relevant to listeners lives and relationships. Music is a form of expression, and this is exactly what The Weeknd does in this work. He channels his true self, articulates his struggles, and creates a medium for listeners to cope with their own.

The Weeknd, My Dear Melancholy album cover. Photo from Google.

TRASHING ONE EGG WASTES
55 GALLONS OF WATER

Cook it, Store it, Share it.

SaveTheFood.com
Dance Spotlight: Ali Colburn

Junior History major, Ali Colburn, has been dancing since she was just six years old. While her academic passions lead her to History and Political Science, she still finds herself continuously coming back to dance as an outlet. Since beginning as a child, she’s been dancing, coaching high school teams, and choreographing a piece for Spring Into Dance to this day.

Colburn first began her choreographing career during her Junior year of high school, which is where she met one of her most influential dance coaches, Nina DeNio. Colburn describes DeNio as a very talented, loving, and understanding person, and marks her as a big inspiration for her choreography and dance. DeNio holds five different dance jobs and is a very hardworking and dedicated individual. Colburn even got to coach with DeNio during Colburn’s four years of coaching the Junior Varsity team at her high school in high kick and jazz.

Now, Colburn finds herself choreographing her first piece in Spring Into Dance, which she says has been a great experience. “It started off a little shaky,” Colburn explained, “It was hard to find people at first. She tried to showcase how she feels when she dances to the song ‘Believer’ by Imagine Dragons: ‘The reason I dance is because I find it very empowering. I think it’s a great way for people to show confidence in themselves. When I dance, I feel really powerful and feel the confidence come through me.” Colburn explained when asked about her passion for dance. She went on to detail how dance has taught her patience, work ethic, dedication, and determination. Besides choreographing a piece, Colburn is also in three pieces for Spring Into Dance.

Last month, Concordia exhibited the university’s Ceramics Biennial curated by Korla Luckeroth Molitor in the Williams H. Teaching Gallery. The gallery featured the work of Eileen Cohen, Amy Santoferraro, Bianka Groves, Julie Malen, Joe Pintz, Brett Freund, and Erin Smith. Admittedly I know absolutely nothing about ceramics; however, that definitely did not take away from how beautiful the work on display was. When I walked into the gallery, I took in just how much work has been put into what’s on display. Each of the pieces was artfully crafted and skillfully painted.

One of the first pieces that caught my eye was Erin Smith’s Red Women Vase. This is a lovely vase that features slightly characterized faces of women. I really loved this shade of red, and it stood out so prominently against the white base. There was excellent line work and several lovely areas of shading. I also really loved the diversity of the individuals that the vase portrayed.

This next one was called Brutal Pot by Brett Freund. This appeared to be made to look like a chunk of hollowed out metal. I had a really brilliant pop art quality to it that catches the eye and looked like it was pulled from a video game or painting. There was a weather-worn look that had a directional flow, and the bottle looked as if it were crushed or dropped. It also had a pulse of color at the bottom that looked a little like an orange wire; this did less in the way of breaking up the color and more for highlighting the other intentionally dull or worn areas.

These last three are personal favorites: Tall cup, Drop Rim Meoto Yunomi, and Box by Bianka Groves. The colors and line work are what drew me to these in particular; all three were beautifully crafted and painted. As a set, they stood together very lovely, and the tall cup features a range of shading from gray to black. There was a very skillful and smooth quality to all three that coupled with their matte finishes made them ready for any kitchen counter or living room coffee table. This was an excellent variety and collection of work. It’s unfortunate that this particular gallery won’t be up again soon. It’s an absolute joy to get to see so much creativity and craftsmanship on display.†
Artist Spotlight: Danielle Odeen
Photographer, Graphic Designer, and Businesswoman
BROOKE STEIGAUF

Senior Danielle Odeen has been fast to evolve when it comes to becoming a creator. When she joined her high school's yearbook team, she found herself suddenly in her element. This new role led to her discovery of DSLR photography, manual shooting, and all of the Adobe applications. A week before starting her first year at CSP, Odeen was still unsure what she wanted to major in until it was suggested to her that she pursue graphic design. She found herself relieved to discover that the university offered the program and is now even more grateful that it is run by as knowledgeable of a professor as John DuFresne.

Although photography has been an interest of Odeen since a very young age, she is now able to understand composition, connections, visual storytelling, and layout harmonized to make graphic design the perfect fit for her. Odeen recognizes DuFresne for pushing her to find new solutions, eliminating her self-doubt, and being patient with her growth process. CSP professor Cate Vermeland has also played a prominent role in Odeen's creative career, serving as a source of encouragement, positivity, and authentic support.

Since Odeen is also a marketing minor, she appreciates being given the knowledge of how to incorporate her creativity into a business environment and finds it empowering as well. She has owned her own photography business for years now, allowing her to establish her own ways of meshing her two interests. She hopes to find herself in an agency that allows her to combine both her creative practices and marketing experiences.

Odeen has participated in the American Institutes of Graphic Arts (AIGA) national design conference as a volunteer and as of this year, an award winner as well. After running her own service project through MN Private Colleges and engaging in the UpTurnships business training program, Odeen was awarded the Su Mathews Hale Women Lead Award, along with her peer Danielle Gates.

The graphic designer finds herself inspired by many professional design agencies and studios like Pentagram, Werner Design Works, and Periscope; however, her classmates and teachers have been the most impactful by far. Odeen has high regard for connections and collaboration, as it has led her to be a more effective creator. She encourages others who are in creative fields to take advantage of the feedback from their peers. She credits many enhanced pieces to Chloe Marks, a classmate among many who have assisted Odeen in improving her work countless times. Odeen says, "Make sure you give constructive criticism as well; be someone who people seek criticism from."

As Odeen embarks on what is often called the "real world," she thanks her community of support. She, first and foremost, expressed gratitude toward John DuFresne for his well-rounded, integrative, and acute knowledge and teaching; She appreciates her classmates for their input and inspiration. Finally, she thanks her family for always reassuring her that it will all work out.

Odeen is looking forward to proving her perseverance and accumulated techniques acquired through her mentors. She hopes to bring her empathy and determination to whatever next endeavor meets her. Most of all, she is up to the challenge of hard work and productive, positive growth.
March 2018, Horror-sscopes

**BY FARAH IBRAHIM**

**Aquarius**
*January 20 - February 18*
You will feel the wrath of Mother Nature if you do not reduce, reuse, and recycle this month.

**Gemini**
*May 21 - June 20*
Remember to pack an umbrella, or you’ll be walking in with wet shoes for that dream job interview.

**Libra**
*September 23 - October 22*
Kindness is your strong suit. Remember that next time someone puts gum in your hair.

**Pisces**
*February 19 - March 20*
Be kind to servers, or you’ll end up with a ‘special ingredient’ that you did not ask for in your food.

**Cancer**
*June 21 - July 22*
That class you thought you were acing will be your demise during finals week.

**Scorpio**
*October 23 - November 21*
Address all the lights on your car’s dashboard, or you’ll end up stranded with no cell service in the middle of nowhere.

**Aries**
*March 21 - April 19*
You’ll break out in hives the next time you go that chocolate donut.

**Leo**
*July 23 - August 22*
The next episode of your favorite TV show starts 5 seconds, and you won’t get that essay done that was due three weeks ago.

**Sagittarius**
*November 22 - December 21*
You are on the expressway of letting your fears and insecurities block the love you are seeking; exit while you can.

**Taurus**
*April 20 - May 20*
Your most productive month is yet to come if your alarm clock does not confuse a.m. with p.m.

**Virgo**
*August 23 - September 22*
You will constantly be appreciated by those you surround you, yet all your hard work will not get the true credit it deserves.

**Capricorn**
*December 22 - January 19*
Be careful with what you say when you think no one can hear you.

*Anonymous Couple. Photo by Danielle Olszen*
March 2018, Horoscope

**BY CATIE NELSON**

**Aquarius**
January 20 – February 18
Humans, like animals, are resilient. Penguins can't fly, but they can brave the cold, as can you. Break the ice, and push ahead.

**Gemini**
May 21 – June 20
Use what you learn to uncover things that you have questioned in the past.

**Libra**
September 23 – October 22
Time will pick up then slams to a stop this month, but what is time? Explore possibilities.

**Pisces**
February 19 – March 20
Love may not be lost this month; it could be easily found. The unexpected is often the most thrilling to experience.

**Cancer**
June 21 – July 22
You may feel lost and alone this month, and that can be a scary feeling. Know that bravery will keep you afloat, and that horizon in the sun is not so far away.

**Scorpio**
October 23 – November 21
Don't worry, the world is changing, but for the good and sometimes bad. Mother nature can be gentle but also harsh. You may find yourself reflecting her fragile emotions this month.

**Aries**
March 21 – April 19
A change is in the wind for this month. Try something new change for better or worse. Either way, you will come out stronger.

**Leo**
July 23 – August 22
Normally you like to be independent, but try collaboration. You may find a new love of teamwork.

**Sagittarius**
November 22 – December 21
Make the impossible, possible. There are somethings only you can do.

**Taurus**
April 20 – May 20
Tame your wild emotions this month you tend to overthink things. Try to take it slow and don't let the details cloud your path to success.

**Virgo**
August 23 – September 22
Lies ring of truth this month. Not all lies are bad; they just need to be sorted out.

2018 Commencement Ceremonies
The commencement ceremonies will be held at the Gangelhoff Center Arena (235 Hamline Avenue North, St. Paul, MN 55104) on the campus of Concordia University, St. Paul.

**UNDERGRADUATE PROGRAMS – FRIDAY, MAY 4, 7:30 P.M.**
Associate of Arts, Bachelor of Arts, Bachelor of Fine Arts, Bachelor of Science, Bachelor of Business Administration

**ADULT UNDERGRADUATE CEREMONY – SATURDAY, MAY 5, 10:00 A.M.**
Bachelor of Arts, Bachelor of Science in Nursing, Bachelor of Science

**GRADUATE PROGRAMS – MAY 5, 2:00 P.M.**
Master of Arts, Master of Business Administration, Master of Science, Educational Specialist, Doctor of Education, Doctor of Physical Therapy

New Alumni Receptions
Join us on the Knoll, grassy area near the Arndt Science Building and across the road from the Gangelhoff Center. Directional signage will be posted.

**FRIDAY, MAY 4, 5P-6:30P**
**SATURDAY, MAY 5, 11:30AM-1PM**
The Alumni Association welcomes graduating students and their immediate family to mix and mingle, learn about opportunities to stay connected with CSP, and enjoy refreshments. New alumni who attend will receive a gift and have the chance to update their information.

Don't forget your cap and gown!
Marvel's T.V. Shows

BY FARHA IBRAHIM

Across
02. Team of agents who handle strange and unusual cases.
05. A man with unbreakable skin.
06. Six teenagers unite against their criminal parents.
09. A Lawyer by day.
11. Fights crime by any means necessary.
12. A group of vigilantes who team up to face The Hand.

Down
01. Two teenagers acquire superpowers while forming a romantic relationship.
03. A community of mutants who fight to survive against the government.
04. A private investigator.
07. Utilizes concentrated Chi in his fist.
08. Follows a man infected by the parasitic mutant.
10. A royal family, each with unique abilities.
Graduation Time!

BY FARHA IBRAHIM

The date and time of your final exam is based on when it met during the semester. For example, classes that met at 11:35 on MWF will have their final exam time from 11 a.m - 1 p.m. on Monday of finals week.

<table>
<thead>
<tr>
<th>Finals Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>08-10 AM</td>
<td>8 MWF</td>
<td>8 TR</td>
<td>9:15 MWF</td>
<td>9:40 TR</td>
</tr>
<tr>
<td>10:10 AM</td>
<td>Chapel</td>
<td>Chapel</td>
<td>Chapel</td>
<td>Chapel</td>
</tr>
<tr>
<td>11:00 AM-01:00 PM</td>
<td>11:35 MWF</td>
<td>12 TR</td>
<td>12:50 MWF</td>
<td>1:40 TR</td>
</tr>
<tr>
<td>01:30 PM - 03:30 PM</td>
<td>3:20 MWF</td>
<td>3:20 TR</td>
<td>2:05 MWF</td>
<td>None</td>
</tr>
<tr>
<td>04:00 PM - 06:00 PM</td>
<td>None</td>
<td>6 TR</td>
<td>6 MW</td>
<td>6 R only</td>
</tr>
<tr>
<td>07:00 PM - 09:00 PM</td>
<td>6 M only</td>
<td>6 T only</td>
<td>6 W only</td>
<td>None</td>
</tr>
</tbody>
</table>